

**NOVEMBER 2020**

**CANTEEN'S MENU/MONTH OF NOVEMBER**

**SCHOOL YEAR 2020/2021**

**MENU DE CANTINE/MOIS NOVEMBRE**

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI
02/11/2020	03/11/2020	04/11/2020	05/11/2020	06/11/2020
<b>Cucumber salad</b> <b>Spaghetti bolognese</b> <b>Danette</b> salade/concombre Spaghetti Bolognaise Danette	<b>Nicoise Salad</b> <b>Breaded turkey</b> <b>Fruits</b> Salade Marocaine Dinde Panée Dessert	<b>Moroccan Salad</b> <b>Tagine meat and vegetables carrots</b> <b>Apple Pie</b> Salade Marocaine Tagine bœuf/ carottes Tarte aux pommes	<b>Coleslaw Salad</b> <b>Chicken with vegetables</b> <b>seasonal Fruit</b> Salade coleslaw Poulet aux légumes Fruits de saison	<b>Paella</b> <b>Fruit Salad</b> Paella Salade de Fruits
09/11/2020	10/11/2020	11/11/2020	12/11/2020	13/11/2020
<b>Coleslaw Salad</b> <b>Lasagne</b> <b>seasonal fruits</b> Salade coleslaw Lasagnes Fruits de saison	<b>Nicoise Salad</b> <b>Tagine meat and Beans</b> <b>Pudding</b> Salade Niçoise Tagine viande/haricots Fruits	<b>Exotic Salad</b> <b>Tagine meat/ potatoes/olives</b> <b>seasonal Fruits</b> Salade Exotique Tagine de viande/pommes de terre/ olives Fruits de saison	<b>Moroccan Salad</b> <b>chicken with rice</b> <b>Fruit Salad</b> Salade marocaine Poulet au riz Salade de fruits	<b>couscous with vegetables</b> <b>Pudding</b> Couscous aux légumes Flan
16/11/2020	17/11/2020	18/11/2020	19/11/2020	20/11/2020
<b>Nicoise Salad</b> <b>Meat balls</b> <b>Yagurt</b> Salade niçoise Boulettes de viande hachée yaourt	<b>Coquillettes Salad</b> <b>Breaded Fish</b> <b>Fruits</b> Salade de coquillettes Poisson pané Fruit	<b>Varied Salad</b> <b>Tagine of stuffed vegetables</b> <b>cake</b> Salade variée Tagine légume farci Cake	<b>Russian Salad</b> <b>Chawarma/ wheat (EBLY)</b> <b>Seasonal Fruits</b> salade Russe Chawarma/Ebly Fruits de saison	<b>Paella</b> <b>Fruits</b> Paella Fruits
23/11/2020	24/11/2020	25/11/2020	26/11/2020	27/11/2020
<b>Mimosa Salad</b> <b>Tagine meat/green peas/carrots</b> <b>Fruit Salad</b> Salade Mimosa Tagine viande/petits pois/ carottes Salade de Fruits	<b>Coleslaw Salad</b> <b>Lentil/Sardine</b> <b>Seasonal Fruits</b> Salade coleslaw Lentilles /Sardines Fruits de saison	<b>Mexican Salad</b> <b>Meat balls with rice</b> <b>Fruit Salad</b> Salade Mexicaine Boulettes de viande hachée/ riz Salade de fruits	<b>Moroccan Salad</b> <b>Nuggets/Quinoa</b> <b>Danette</b> Salade Marocaine Nuggets/Quinoa Danette	<b>Couscous with vegetables</b> <b>Pudding</b> Couscous aux légumes Flan
30/11/2020				
<b>Nuggets</b> <b>Quinoa</b> <b>seasonal Fruits</b>				

**Salade Exotique:** pomme/ ananas/ laitue/salade de betterave aux œufs

**Salade Niçoise:** Thon/œuf/pdt/tomate/poivron/laitue

**Salade Mimosa:** Tomate et œufs rapés

**saladeMexicaine:**riz/mais/poivron/to

**Salade Coleslaw:**Choux +carottes rapés

**Salade Russe:** Pomme de terre/ Haricot

